



**FAITH**  
IN ACTION

**Provided for you by: Faith in Action of McHenry County  
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## **EVALUATING AN ADULT DAY CARE CENTER**

Adult Day Care Centers provide care for adults with certain medical needs on a daily basis while the primary care giver or family member is at work or has other responsibilities. Normally, lunch is provided to the participants. Each facility has its own criteria for admission to their program. Some may be more directed toward caring for those who simply cannot be left alone during the day, while others, for example, might be more focused on dealing with Alzheimer's patients. Some centers are affiliated with local hospitals while others may not be.

### 1. Information to gather by PHONE FIRST:

Days open?

Hours, flexibility?

Cost per hour, per day?

Eligibility requirements?

Is transportation to and from the center provided? If so, what are the hours and cost?

What kind of insurance or governmental subsidy may be available to offset the cost of the care or the transportation?

### 2. WHILE ON TOUR:

Is the center clean, pleasant?

Are there any unpleasant odors?

Is there an outdoor area or garden for the client to use?

Is the center wheelchair accessible?

Are comfortable chairs provided?

Is there a comfortable place for client to nap?

### 3. EMPLOYEES:

What is the staff to participant ratio?

Is there a registered nurse (RN) on site at all times?

What are the rest of the staff credentials (i.e., nurses' aide, music therapist, art therapist, etc.)? Are they licensed?

Does the staff appear cheerful and helpful?

Do they know the participants by name?

Will the staff provide daily reports and agree to meet with families?

Does staff provide daily assistance with eating, walking, toileting, dispensing medications?

Will the staff give scheduled medications?

**4. SECURITY:**

Does it appear adequate?

**5. MEALS/ACTIVITIES:**

If the food appetizing and served at appropriate temperatures?

Are special dietary needs met adequately?

Are healthy snacks and fluids provided throughout the day?

**Ask for a sample meal.**

Does the center offer activities that will be appropriate for your individual needs (i.e., frequent day trips might be inappropriate for someone who is physically impaired)?

Are the activities well attended? Do the clients appear to be enjoying themselves and interacting?

**6. PROTOCOLS:**

In an emergency, what are the procedures? How are things handles?  
To what hospital would paramedics take this person?